

The Inside Scooper

[MARCH 2014]

Hello again, faithful followers!

Since you last heard from us, Flywheel has been running all over the country seeking out elite competition and opportunities to practice our FlyFlow wherever they can be found. So far this semester, our travels have taken us down to Charlotte, North Carolina, the Queen City, across the country to sunny San Diego, and deeper into the Midwest for a frigid stint in Saint Louis. When we're not up in the air or rolling in a van, we've been working hard in Ann Arbor, improving on our fitness and skills as a team. We're excited about the progress we've made and are excited to share some of it with you in this issue of The Inside Scooper. Here's what you can expect to find in the following pages:

1. **A reminder about our rookies in need of homes.** Since our last issue, our Adopt-A-Rookie program has seen some success, but we still have some rookies in need of your attention, affection, and burrito-style support.
2. **A recap of our exploits at Queen City Tune Up in Charlotte and the Presidents Day Invite in San Diego.** Pop yourself some popcorn and enjoy a review of the scores and game highlights.
3. **Information on our next big fundraiser: Michigan Ultimate gear!** We've got some sweet duds available for purchase if you fancy yourself a t-shirt-wearing athletic supporter. Be sure to get your order in by **March 31st**!

As always, we're overwhelmingly grateful to all of our supporters and are overjoyed to have you following our 2013-2014 season. For updates on tournament weekends, keep track of us on Twitter by following [@UMichFlywheel](#) or on [Score Reporter](#).

Have questions about fundraising? Send them my way at turnerkt@umich.edu.

Until next time, GO BLUE!

-Kati



TOURNAMENT SCHEDULE.....	PAGE 2
QCTU RECAP.....	PAGE 2
PRES DAY INVITE RECAP.....	PAGE 3
SWAG ORDERS.....	PAGE 4
HITHERTO UNADOPTED ROOKIES.....	PAGE 5

Table of Contents



TOURNAMENT SCHEDULE

January 25-26

Michigan Indoor Midnight Madness
[ANN ARBOR, MI] • [RESULT: 1st PLACE]

February 8-9

Queen City Tune Up
[CHARLOTTE, NC] • [RESULT: 5th PLACE]

February 15-17

Presidents' Day Invitational
[LA JOLLA, CA] • [RESULT: 10th PLACE]

March 1-2

Midwest Throwdown
[ST. LOUIS, MO] • [RESULT: 1st PLACE]

March 22-23

Women's College Centex
[AUSTIN, TX]

TBA

Eastern Great Lakes D-I College Women's Conferences
[EAST LANSING, MI]

TBA

Great Lakes D-I College Women's Regionals
[ROCKFORD, IL]

May 23-26

D-I College Women's National Championships
[MASON, OH]



Queen City Tune Up • CHARLOTTE, NC

Flywheel came out strong at our first tournament of the spring season in the Queen City. This exciting weekend featured quality competition, exciting games taken to universe point, rule debates, high winds and plenty of zone defense, FlyFlow, and many learning opportunities for rookies and returners alike. Our weekend began with a victory over Tufts Ewo to break seed in our pool and the success didn't stop there. Though we lost two hard fought games to UNC Pleiades and the UCF Sirens, Flywheel ended the tournament in 5th place, rising from an original 13-seed. Overall, Queen City Tune Up was a great start to our season and got us all pumped up for our trip to San Diego the following weekend.

DAY ONE

Game One vs. **Tufts Ewo** • 12-11 • **W**Game Two vs. **Florida State** • 9-4 • **W**Game Three vs. **UNC Pleiades** • 9-11 • **L**Game Four vs. **Pittsburgh** • 12-7 • **W**

DAY TWO

Game One vs. **JMU** • 14-9 • **W**Game Two vs. **UCF Sirens** • 7-11 • **L**Game Three vs. **Kansas Betty** • 13-9 • **W**Game Four vs. **Tufts Ewo** • 11-7 • **W**

Follow the action on Twitter [[@UMichFlywheel](#)] and track our progress on [Score Reporter](#).

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Presidents Day Invitational · LA JOLLA, CA

Every year, when UC San Diego hosts the President's Day Invitational, the only things you can confidently expect are intensity and great competition, and this tournament definitely lived up to these expectations. This tournament was grueling, but Flywheel thrived. We finished **10th** in a 3-day tournament with the top teams in the nation. We started with 14 players in San Diego but finished with 8. We were playing against teams with 3 full lines when we could barely even carry out a single substitution, but we fought. Every single player stepped up, playing in unfamiliar yet significant roles, and doing everything we possibly could for the team, the team, the team.

DAY ONE

Game One vs. Florida · 14-7 · W

Being in sunny San Diego didn't stop us from executing our chilly, Polar Vortex offense. We had a great start with a solid win over Florida Fuel, which even featured a giant hand block by Captain Meeri Chang, who sacrificed the color and size of her hand in order to stop the huck immediately.

Game Two vs. Harvard · 11-8 · W

The next game featured the Harvard of the West vs. Harvard of the East (A.K.A. Harvard). In this fun game, the Chang sisters faced off and the elder Chang asserted her superiority as Flywheel consistently shut down Harvard's deep looks.

Game Three vs. Sonoma State · 14-5 · W

The Wheel kept rolling as we cruised over Sonoma State D'Vine in a game that featured a lot of deep D's, a relentless zone defense, and Captain Bailey Torvinen's Callahan on game point.

Game Four vs. Victoria · 9-14 · L

The last game of the day was against the number one seed in our pool—the tall and majestic Victoria Vixens. It was a very competitive game, but in the end, Flywheel had trouble with execution on our offense, and Victoria efficiently capitalized on our turns, so we finished the day 3-1 in our pool, sending us into the Power Pool on Sunday.

DAY THREE

Game One vs. UNC Pleiades · 11-10 · W

Day 3 started with a rematch against the oh-so-familiar UNC Pleiades. We were down to 8 healthy players, but compensated with smart, heads-up defense per sophomore Hannah "Hank" Henkin prescription for "maximum defense, maximum teamwork, minimum running." This competitive game went to hard cap, during which senior Jacqueline "JJ" Jarik put on very tough marks, taking the stall count to 9 multiple times. JJ floated one last perfect huck to fellow senior Theresa "TZ" Zettner, who brought down the disc for a decisive victory over Pleiades on universe point.

Game Two vs. Harvard · 13-14 · L

The last game of the day was another rematch, this time against Harvard Quasar. This game featured impressive handler defense by Becky "Tots" Moore and Theresa "TZ" Zettner. Despite being down by a lot when Harvard took half, Flywheel fought back to an even score bringing the game to universe point. Unfortunately, this time, the victory went to Harvard.

DAY TWO

Game One vs. Washington · 6-15 · L

We started the day against Washington Element, who ran a zone defense for 5 passes then converted to a man defense for the remainder of the point. Flywheel took advantage of the opportunity to practice our zone offense, and identified a few areas to focus on improving throughout the rest of the tournament and the season.

Game Two vs. Whitman · 14-10 · W

In the next game, Flywheel turned it around against the Whitman Lady Sweets. Our team defense was on-point: we executed very effective (and unrehearsed) defensive switches on their horizontal stack and ran a great zone defense, then finished the game with beautiful FlyFlow and a 5-point run.

Game Three vs. UCSD Psychos · 7-15 · L

Our win over Whitman put us in a 3-way tie for 2nd in the Power Pool, but because of our point differential, we had to play a crossover against the home team, the UCSD Psychos. Flywheel had great communication and beautiful defensive switches, but the exhaustion was kicking in, and despite working it up the field multiple times on zone offense, we would still turn it, and Psycho capitalized. This loss put us in the 9th place bracket for Monday.



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Get yo Swag on. • ORDERS DUE MARCH 31st

It's the moment you've all been waiting for: the opportunity to outwardly express your overwhelming love and support for Michigan Ultimate in the form of exceptionally spirited garb. This season we've chosen to offer three options for apparel-style support (see design and color samples below):

1. **Replicas of our uniforms.** We unveiled our sweet new uniforms at the Presidents Day Invite and the compliments haven't stopped since. Want to look as sick as we do on the field? You can purchase one of our dark jerseys for **\$44** or a pair of our shorts for **\$30**. Interested in representing a specific player? Add a number to either garment for an additional **\$3**.
2. **The Michigan ultimate spirit t-shirt.** Rep our program in maize or blue for **\$16**.
3. **The fratty Flywheel tank.** We're not a sorority, but who doesn't like to kick it with guns out when the sun's out? Rock the seal designed by our very own Theresa "TZ" Zettner and Becky "Tots" Moore (featured on our shorts) on a super soft American Apparel tank top for **\$12**.

If you're showing your flylove from afar, we'll ship your swag to you. The cost will be **\$4** for the first item and **\$2** for every addition item.

Place your orders [here](#) and pay using one of the two options below:

1. **Cash or check.** Make checks out to "Flywheel Ultimate", and mail either option to **Kati Turner** at **518 N. Division St, Ann Arbor, MI 48104**.
2. **PayPal.** Utilize this wonderful 21st century payment tool by sending money to **Kati** at turnerkt@umich.edu. Be sure to select "I'm sending money to family or friends" to avoid additional charges.



The spirit t-shirt is available on an American Apparel tee in navy on maize or maize on navy.



The Flywheel seal will be printed in white on an American Apparel tank in heather black.

READERS' DIGEST VERSION OF GEAR PRICES

UNIFORM REPLICAS

Dark jerseys: \$44

Shorts: \$30

Add a number: \$3

SPIRIT T-SHIRT

Maize or blue: \$16

FLYWHEEL TANK

Heather black: \$12

SHIPPING

First item: \$4

Each additional item: \$2



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OUR ROOKIES STILL need you!



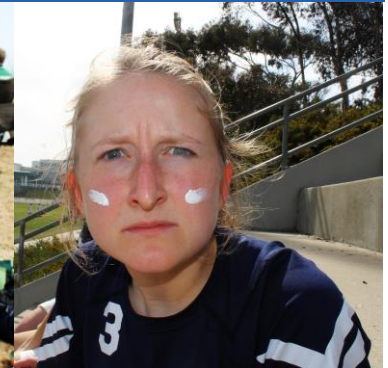
CHIP



GRACE



MAYA



KATI

We are pleased to report that we have successfully adopted out Chip and Grace; they now spend their days gorging themselves on burritos and eagerly chasing down discs. However, we still have two more rookies in need of your support. In case you missed it in our last issue, here's how you can help our newbies keep their minds on learning Flywheel ultimate and free of financial woes:

Adopt



Rookie

\$15: Provide a rookie with burritos for an entire tournament weekend.

\$30: Equivalent to a one-month membership at Joust, the CrossFit gym at which we train.

\$50: Ultimate swag for you and your rookie: make sure your rookie is dressed the part on the field. With this donation, you will also get Ultimate swag in the form of a Michigan Ultimate sticker.

\$100+: A flight and something for you to send flying: this won't cover a full flight, but it'll put a dent in your rookie's fare. And for your generous donation, you'll receive a Michigan Ultimate sticker and a Flywheel disc!



SPRING BREAK!

Flywheel enjoys some well-deserved time off as a team in Clearwater Beach, Florida.

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